

## **SPUTUM COLLECTION FOR DETECTION OF MYCOBACTERIA (BK OR KOCH BACILLUS)**

### **MATERIAL NEEDED FOR COLLECTION**

Sterile container with wide opening and screw cap provided by the Collection Center or can be purchased at the pharmacy (in case of requesting the test on multiple samples, use one container for each sample requested).

### **DIRECTIONS AND METHOD OF COLLECTION**

Collect the sample in the morning when waking up

- 1.Remove any removable dentures or dentures and rinse mouth with water (do not use mouthwash or oral disinfectants)
- 2.Open the jar without touching the inside
- 3.Exhale into the sterile container, avoiding saliva or nasal mucus. Otherwise, discard the container and expectorate into a new sterile container.
- 4.Screw the lid on tightly without touching the inside.
- 5.Identify the container by writing your name, surname and date of birth on the label.
- 6.Store the specimen in a refrigerated environment until it is delivered to the Collection Center.

### **WARNING**

In the case of requesting the test on multiple samples, perform the collection on consecutive days using a container for each collection. Deliver the samples to the collection center all at once within 60 hours of the start of collection.