

## **EMEN ANALYSIS**

## MATERIAL NEEDED FOR COLLECTION

Sterile wide-opening container with screw cap and suction probe provided by the Collection Center or available for purchase at the pharmacy.

## **DIRECTIONS AND METHOD OF COLLECTION**

It is appropriate to collect at the Seriate Collection Center; only if necessary can the sample be collected at home.

A period of abstinence from sexual intercourse of 3-7 days must be observed before collection.

On the day of the examination:

- 1. Wash hands and external genitalia well with soap and water (do not use disinfectants), rinse and dry well.
- 2. Open the sterile container without touching the inside.
- 3. Collect semen by masturbation and put it directly into the sterile jar. **Caution:** Collect all the semen emitted into the jar.
- 4. Carefully screw on the cap without touching the inside
- 5. Identify the specimen by writing name, surname and date of birth on the label.
- 6. Deliver the sample to the **Seriate** Collection Center. If collection is performed at your home, deliver the sample to the Seriate Collection Center **within 60 minutes** of collection. **Caution:** The sample should not be subjected to temperature changes and should be kept at a temperature between 20 and 37°C until delivery.

## **WARNING**

The sample for performing the sperm analysis can only be delivered to the **Seriate Collection Center.** Samples delivered to the other Sampling Centers belonging to the SC Laboratory Medicine of ASST BERGAMO EST will not be accepted.

