

URINOCULTURE (URINE FROM INTERMEDIATE MICTUS)

MATERIAL NEEDED FOR COLLECTION

Sterile wide-opening container with screw cap and aspiration probe and yellow-capped tube provided by the Collection Center or available for purchase at the pharmacy.



In case of simultaneous request for urinoculture and complete urinalysis Sterile wide-opening container with screw cap and aspiration probe and No. 2 yellow-capped test tubes.

DIRECTIONS AND METHODS OF COLLECTION

Collect urine upon waking, or subsequent urine only if at least **2 hours** have passed since the last time you urinated.

1. Wash hands and external genitalia well with soap and water (do not use disinfectants), rinse and dry well.

2. Open the sterile container without touching the inside.



3. Uncover the glans (for men) or spread the outer vaginal lips with your fingers (for women).
4. Collect the urine in the jar after discarding the first cast by filling it up to about half full.
5. Carefully screw on the cap without touching the inside.
6. Lift the adhesive cover on the canister cap and insert the tube with the cap facing down into the probe.
7. Apply gentle pressure on the test tube so that the urine is automatically aspirated.
8. At the end of aspiration, remove the test tube from the probe.
9. Identify the test tube by writing first name, last name and date of birth on the label.
10. In the case of a request for urinoculture and complete urinalysis, repeat steps 6 to 9 with the second tube available.
11. Deliver the tubes to the collection center **within 2 hours** of collection.