

## SEMEN ANALYSIS

### MATERIAL NEEDED FOR COLLECTION

Sterile wide-opening container with screw cap and suction probe provided by the Collection Center or available for purchase at the pharmacy.



### DIRECTIONS AND METHOD OF COLLECTION

It is appropriate to collect at the Seriate Collection Center; only if necessary can the sample be collected at home.

A period of abstinence from sexual intercourse of 3-7 days must be observed before collection.

On the day of the examination:

1. Wash hands and external genitalia well with soap and water (do not use disinfectants), rinse and dry well.
2. Open the sterile container without touching the inside.
3. Collect semen by masturbation and put it directly into the sterile jar. **Caution:** Collect all the semen emitted into the jar.
4. Carefully screw on the cap without touching the inside
5. Identify the specimen by writing name, surname and date of birth on the label.
6. Deliver the sample to the **Seriate** Collection Center. If collection is performed at your home, deliver the sample to the Seriate Collection Center **within 60 minutes** of collection. **Caution:** The sample should not be subjected to temperature changes and should be kept at a temperature between 20 and 37°C until delivery.



### WARNING

The sample for performing the sperm analysis can only be delivered to the **Seriate Collection Center**. Samples delivered to the other Sampling Centers belonging to the SC Laboratory Medicine of ASST BERGAMO EST will not be accepted.